

Why Peer Services Matter:



Lived experiences create real understanding



Increased engagement in treatment and recovery services



Reduced feelings of isolation and stigma



Better outcomes in mental health and substance use recovery



Support during crisis and major life transitions



Guidance from someone who has "been there" and succeeded



St. Clair County Community Mental Health

Providing Opportunities for Health, Wellness, & Connection

Information and Access to Services:

810-488-8888

24-Hour Crisis Line:

810-966-2575

www.scccmh.org |    

**St. Clair County
Community Mental Health**
3111 Electric Avenue
Port Huron, MI 48060
(810) 985-8900

**St. Clair County
Community Mental Health
Child & Family Services**
2415 24th Street
Port Huron, MI 48060
(810) 488-8840

**St. Clair County
Community Mental Health - South
Adult Services**
6221 King Road
Marine City, MI 48039
(810) 765-5010

**St. Clair County
Community Mental Health - South
Child & Family Services**
135 Broadway
Marine City, MI 48039
(810) 400-4200

**St. Clair County
Community Mental Health - West**
14675 Downey Road
Capac, MI 48014
(810) 395-4343



Peer Services



**St. Clair County
Community Mental Health**

Providing Opportunities for Health, Wellness, & Connection

Peer Services

St. Clair County Community Mental Health (SCCCMH) is committed to supporting individuals on their journey toward wellness and recovery. Our Peer Services are provided by trained individuals who use their lived experience with mental illness, substance use disorders, or disabilities to offer hope, understanding, and support.

Peer support is rooted in mutual respect, shared understanding, and the belief that recovery is not only possible but expected.

Anyone can benefit from Peer Services. As a Certified Community Behavioral Health Clinic (CCBHC), offering these services is a core part of our mission. Peer Services can support you at any stage of your recovery, whether you're feeling overwhelmed, feeling stuck, or need help navigating services and community resources.



Certified Peer Support Specialists:

Certified Peer Support Specialists (CPSS) are individuals who have lived experience with mental health conditions and have completed a state certification training.

What They Do:

- Provide one-on-one support
- Help individuals develop coping skills
- Support goal-setting and self-advocacy
- Facilitate peer-led support and skill-building groups
- Assist individuals with navigating SCCCMH and community resources

Certified Peer Recovery Coaches:

Certified Peer Recovery Coaches (PRC) are individuals with lived experience of substance use recovery who have completed state certification training.

What They Do:

- Offer non-judgmental support at any stage of recovery
- Assist with goal setting
- Help individuals connect to treatment, community supports, and recovery groups
- Promote harm reduction, overdose prevention, and safety strategies



How Peer Services Support Recovery:

CPSS and PRCs demonstrate that recovery is real by modeling resilience, hope, and possibility. They help reduce stigma, foster understanding, and provide encouragement during challenging moments. Their lived experience creates meaningful connections, trust, and a sense of belonging as they walk alongside individuals navigating change.

This firsthand insight allows them to recognize triggers, setbacks, and victories, helping people stay engaged in their recovery and supporting long-term success.

Learn More

Talk to your SCCCMH caseholder about being connected with a Peer Support Specialist or Peer Recovery Coach. You don't have to face the journey alone, we are here to support you.